Suicide prevention

The following MCQs test knowledge presented in the papers and Editorial relating to suicide in this issue of *Australasian Psychiatry*:

1. Mental health literacy is best defined as:
   A. An awareness of evidence–based practices in mental health
   B. Education given to patients regarding their disorders
   C. Public knowledge about mental disorders
   D. The level of education that mental health workers have received
   E. The reading ability mental health consumers

2. Theories about suicide.
   Options:
   A. Anomic suicide
   B. Durkheim's sociological theory
   C. Imitative suicides
   D. Joiner's theory
   E. Menninger's theory
   F. "Psychache"
   G. Psychoanalytic theory
   H. Savage's egotistical theory
   I. Stream analogy framework
   J. The "broken promise effect"

   For each of the following descriptions choose the most appropriate explanatory theory.

   i. The assessment of patients' beliefs about their relationships is paramount
   ii. Higher rates of suicide occur on days that are traditionally seen as enjoyable
   iii. The impulse to suicide results from a homicidal drive

3. In relation to suicide, an understanding of the concept of "malignant alienation" can help clinicians prevent suicide by ensuring that they?
   A. Ask suicidal patients to call a 24-hour crisis number
   B. Attempt to address social isolation in suicidal patients
   C. Attempt to teach the suicidal patient problem solving skills
   D. Do not join the suicidal patient's relatives and friends in making disparaging remarks
   E. Join a peer review group in order to feel supported when treating suicidal patients

4. Many measures often used to reduce inpatient suicide have not been validated scientifically. Which of the following measures have been studied and shown to be effective?
   A. Locking psychiatric units
   B. "One to one" nursing
   C. Removing ligature points
   D. Restricting visiting hours
   E. Searching patient's items