

Aboriginal and Torres Strait Islander Mental Health resources for Fellows and Trainees

October 2019



Resource	Author / Host	Title	Topic / Summary	Published
E-Module	RANZCP	<u>Module 1: Interviewing an Aboriginal or Torres Strait Islander patient</u>	Cultural Competency	2017
E-Module	RANZCP	<u>Module 2: Developing a mental health management plan for an Aboriginal or Torres Strait Islander patient</u>	Cultural Competency	2017
E-Module	RANZCP	<u>Module 3: Formulation of a case involving an Aboriginal or Torres Strait Islander patient</u>	Cultural Competency	2017
E-Module	RANZCP	<u>Module 4: Review a model of mental health service delivery in an Aboriginal or Torres Strait Islander community</u>	Cultural Competency	2017
E-Module	RANZCP	<u>Australian Clinical Practice Skills – Module 1: Cultural Identities in clinical practice</u>	Clinical Practice Skills	2017
E-Module	RANZCP	<u>Australian Clinical Practice Skills – Module 2: Clinical communication and empathy</u>	Clinical Practice Skills	2017
E-Module	RANZCP	<u>Australian Clinical Practice Skills – Module 3: Interviewing and rapport-building techniques</u>	Clinical Practice Skills	2017
E-Module	RANZCP	<u>Australian Clinical Practice Skills – Module 4: Individualising case formulations and management plans</u>	Clinical Practice Skills	2017
E-Module	RANZCP	<u>Module 3: Dealing with barriers and challenges</u>	Rural and remote practice locations	2015
Webinar	RANZCP	<u>Trainee Support Webinar Series: Rural Training</u>	Rural training	2017

Website	Australian Indigenous Health/InfoNet	<u>Current news regarding Indigenous Mental Health</u>	Miscellaneous	October 2014
Website	RANZCP	<u>Aboriginal and Torres Strait Islander Mental Health Useful Links</u>	Miscellaneous	2017
Website	NACCHO	<u>Resources & Downloads</u> (linked from RANZCP Website)	Miscellaneous	2016
Website	National Congress of Australia's First Peoples	<u>Resources and Downloads</u> (linked from RANZCP Website)	Miscellaneous	2017
Website	Indigenous Psychological Services	<u>Resources and Downloads</u> (linked from RANZCP Website)	Miscellaneous	2017
Website	Network for Indigenous Cultural and Health Education	<u>NICHEPortal</u>	Miscellaneous	2017
Website	The Department of Health	<u>Aboriginal and Torres Strait Islander People: Information on health assessments and follow-up allied health services</u>	Indigenous Health	2017
Webinar	RANZCP	<u>Aboriginal and Torres Strait Islander mental health - cultural considerations for risk assessment</u>	Cultural Competency	2017
Video	ARDS Aboriginal Corporation	<u>Miwatj Comprehensive Primary Mental Health Service from Galiwin'ku, Nort-East Arnhem Land</u> (Password: manymak)	Cross-cultural collaboration, cultural responsiveness	October 2016
Policy	RANZCP	<u>Reconciliation Action Plan</u>	Reconciliation, Indigenous Mental Health	2016

Guideline	RANZCP	<u>References to Aboriginal and Torres Strait Islanders and Maori in Australian and New Zealand Mental Health Acts</u>	Mental Health Acts	June 2017
Guideline	RANZCP	<u>Aboriginal and Torres Strait Islander Mental Health: Principal and Guidelines</u>	Ethical Guideline	July 2014
Guideline	RANZCP	<u>Mental Health for the Community: Principles to underpin effective mental health service delivery to the community</u>	Cultural Competency	February 2012
Position Statement	RANZCP	<u>Recognition of Aboriginal and Torres Strait Islander Peoples in the Australian Constitution</u>	Constitutional Rights	August 2015
Position Statement	RANZCP	<u>Stolen Generations</u>	Stolen Generation	August 2015
Report	RANZCP	<u>Understanding the Dance of Life</u>	Cultural Factors to consider in practice	2015
Textbook	Dudgeon P, Milroy H, Walker R and Calma T	<u>Working Together: Aboriginal and Torres Strait Islander Mental Health and Wellbeing Principles and Practice</u>	Miscellaneous	2014
Journal	Canadian Journal of Psychiatry	<u>Clinical Practice Guidelines: Management of anxiety disorders</u>	PTSD	2006
Scholarly Article	Rosen, A	<u>100% Mabo: De-Colonising People with Mental Illness and their Families</u>	Colonisation	1994
Scholarly Article	Rosen, A	<u>Destigmatizing day-to-day practices: what developed countries can learn from developing countries</u>	Stigma of Mental Illness	2006
Journal Article	Wayne Rigby C, Rosen A, Louise Berry H, Richard Hart C,	<u>If the land's sick, we're sick: The impact of prolonged drought on the social and emotional well-being of Aboriginal communities in rural New South Wales</u>	Impact of environmental factors on Mental Health	2011

Journal Article	Perkins D.A, Roberts R, Sanders T and Rosen A.	<u><i>Far West Area Health Service Mental Health Integration Project: Model for rural Australia?</i></u>	New Service Model for Rural Australia	2006
Journal Article	Trauer T, Nagel T	<u><i>Outcome measurement in adult Indigenous mental health consumers</i></u>	Outcome Measurements in Indigenous Mental Health	2012
Journal Article	Rosen A	<u><i>What developed countries can learn from developing countries in challenging psychiatric stigma</i></u>	Stigma of Mental Illness	2003
Media	EG Productions	<u><i>The Seed of Life</i></u>	Effects of Trauma	2013
Research Brief	McCausland R, McEntyre E, Baldry E	<u><i>Indigenous People, Mental Health, Cognitive Disability and the Criminal Justice System</i></u>	Indigenous Mental Health, Criminal Justice System	2017
Book	Morgan S	My Place	Non-medical, Orientation, Impact of colonisation	1987
Book	Brookes R	Aboriginal Australians (Revised 4th Edition)	Non-medical, Impact of colonisation, History	2010
E-Book	Tatz C	<u><i>Australia's Unthinkable Genocide</i></u>	Colonial and post colonial genocidal actions	2017
E-Book	Scott K	<u><i>That Deadman Dance</i></u>	Nyoongar fiction, Detailed research studies	2012
Book	Glendinnen I	Dancing with strangers	Cooperative relations and efforts between Aboriginal and Non-Aboriginal neighbours and communities from early colonial times	2003
Book	Ward G	Wandering Girl	Stolen generation, Catholic mission	1987
Book	Reynolds H	Why weren't we told? A personal search for the truth about our history	Impact of colonisation, Stolen Generation, Historical	2000

Camp	N/A	<u>Bindi Bindi Dreaming “Explore Noonga Boodja”</u>	Aboriginal culture camp, Educational	N/A
Camp	N/A	<u>Kaartdijin Noongar – Noongar Knowledge</u>	Aboriginal culture camp, Educational	N/A
Camp	N/A	<u>Worimi – Cultural Heritage Education Camps</u>	Aboriginal culture camp, Educational	N/A