



## REFERENCES AND RESOURCES

# ThinkNatal

EDUCATION AND TRAINING

Education for health professionals who work with parents in the perinatal period, including;

- midwives
- nurses
- child health nurses
- obstetricians
- general practitioners
- mental health professionals.



We aim to increase awareness and understanding of birth-related trauma and its impact on women and families.

We provide evidence-based strategies for prevention, identification, and management.

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