

## Child and adolescent psychiatry – Certificate program

### Training requirement



*Trainees undertaking a Certificate of Advanced Training program and Stage 3 of the Fellowship Program concurrently must follow the requirements for both programs.*

This document provides a summary of the training requirements of the *Certificate of Advanced Training in Child and Adolescent Psychiatry*. The requirements apply to both trainees and Fellows-in-training. **Please note:** The requirements listed below were approved by the Subcommittee of Advanced Training in Child and Adolescent Psychiatry (SATCAP) on 24 September 2015.

- Successful completion of 24 months\* FTE training in accredited child and adolescent psychiatry training posts, where trainees will be exposed to patients 0–18 years old, including:
    - 6 months FTE community setting
    - 6 months FTE inpatient setting (where possible<sup>†</sup>).
- \*Up to 12 months FTE of research or medical education can be prospectively approved on a case-by-case basis by the SATCAP. Trainees are required to maintain their clinical currency by spending at least 0.2 FTE (or 1 day per week) in direct clinical work.
- <sup>†</sup>In situations where a 6-month FTE inpatient rotation is not possible, a minimum of 0.5 FTE (6 months) is required for posts that do not have an inpatient service. A trainee can apply to their Director of Advanced Training (DOAT) for consideration. Applications may be escalated to the SATCAP for further review if needed.
- The Learning and Development plan (LDP) must be agreed with and submitted to the DOAT at the commencement of each training year.
    - The learning plan will include proposed training rotations (with trainee's signature) and domains similar to the CPD Professional Development Plan. It will also include a record of cases seen to enable trainees to track the breadth of their training experience. Trainee may use the [Case record](#) developed by SATCAP for the purpose or their own case recording systems.
    - Trainees must submit a LDP 12 months of training. Part-time trainees may want to develop or review LDP each calendar year in consultation with their supervisor and DOATCAP.
    - The LDP for Year One must be submitted no later than six weeks from the date of commencement of training.
    - The LDP for Year Two must be submitted prior to the date of commencement of the second year of training.
  - Attainment of **eight** Stage 3 child and adolescent psychiatry EPAs; two per 6-month FTE rotation.
    - It is recommended that EPAs 1–4 are attained in year 1 of Certificate training and EPAs 5–8 are attained in year 2.
    - A minimum of three WBAs are required to contribute to the evidence base for each required EPA.
    - Please note that the Stage 3 Child & Adolescent EPAs 1-8 are mandatory for the completion of the Advanced Certificate in Child & Adolescent psychiatry. However, [ST3-CAP-AOP-EPA9: Infant Mental Health Formulation](#) is an *optional* EPA and may be completed in addition to and not in lieu of EPAs 1-8.

- Completion of a mandatory minimum of one Observed Clinical Activity (OCA) WBA with a child, adolescent or family during each 6-month FTE rotation.
  - This applies to all trainees (including transitioning trainees) and Fellows-in-training regardless of OCI pass.
  - The OCA will be recorded on the end-of-rotation In-Training Assessment (ITA) form.
  - This will satisfy the Fellowship OCA requirement for pre-Fellowship trainees.
  
- Completion of a recognised, formal child and adolescent psychiatry teaching program.
  - The teaching program can be undertaken while on a break in training depending on the arrangements with the course provider and with the employing health service, where relevant.
  
- Completion of the required minimum 40 psychotherapy sessions towards the Psychotherapy Written Case (to be implemented from August 2023). A letter from the psychotherapy supervisor confirming the completion of the psychotherapy sessions must be provided on application.
  
- Provision of psychotherapy to **nine** discrete patients/dyads/families/groups for at least six sessions each.
  - The patients should include:
    - three patients under 6 years old
    - three patients 6–12 years old
    - three patients 13–18 years old.
  - Of the above psychotherapy cases, the following modalities must be completed:
    - three structured, manualised (e.g. CBT, IPT)
    - three dynamically informed (e.g. individual, play therapy, parent–child)
    - three dyadic or family/group in any model (e.g. mother–infant, family/group).
  - Trainees must be supervised by an appropriate supervisor for the particular modality. This could include group supervision.
  - The psychotherapy session may be signed off after the sixth session if the supervisor is satisfied that the therapy was provided adequately, the therapeutic contact may continue after the sign off date.
  - Sign off of any three cases will fulfil the Stage 3 Fellowship psychotherapy requirement for pre-Fellowship trainees.
  
- Submission of final qualitative report to the DOAT.
  - To be indicated as complete on the final end-of-rotation ITA form (under DOAT declaration) and then submitted to SATCAP Chair.
  
- Completion of (formative) mid-rotation and (summative) end-of-rotation ITAs.
  - End-of-rotation ITA forms must be submitted within 60 days of the completion of each rotation.
  
- Completion of checklist and signoff.
  - To be signed by the trainee, DOAT and SATCAP Chair as declaration and confirmation that

the trainee has satisfactorily completed the requirements of the Certificate training program.

- For more information on the awarding of advance certificate process, please visit the [Certificates of Advanced Training mandatory requirements](#) section on the RANZCP website.

For trainees and Fellows who **transition from the 2003 training program**, please refer to the *Child and Adolescent Psychiatry Certificate Program Transition Matrix* for the transition rules. It is a trainee's/Fellow's responsibility to be familiar with the requirements post-transition.

## Revision Record

Contact	Training team	Project Officer, Education and Training	
Date	Version	Approver	Description
21/10/15	v1.0	Education Committee	New document. Approved by CFT 08/10/15. Approved EC out of session 14/10/15.
21/12/15	v1.1	Committee for Training	Updated to clarify that if the Certificate's psychotherapy requirements are completed, the Stage 3 psychotherapy are considered met. Fellowship OCA considered met by Certificate OCA. Minor amendment, Final summary report replaced by checklist and signoff.
16/08/16	v1.2	SATCAP	Updated to include up to 12 months of research or medical education, added examples for dynamically informed psychotherapy. SATCAP approved 17/03/16.
31/10/16	v1.3		Clarified OCA is mandatory requirement for all enrolled in the Certificate program.
27/07/17	v1.4	SATCAP	Updated to clarify the psychotherapy session may be signed off after the sixth session if supervisor is satisfied.
26/06/19	v1.5	Education Committee	Updated to clarify EPA 1–8 are mandatory after the addition of EPA 9.
08/08/19	v1.6	N/A	Addition of Certificate award process. Amendment that the Learning and Development plan (LDP)
29/01/21	v.1.7	SATCAP	Amendment that the Learning and Development plan (LDP) must be agreed with and submitted to the DOAT no later than six weeks from the commencement of each training year. Trainees who had completed their 1st LDP prior to Feb 2021 may continue using the original format, however their 2nd LDP must use the new format
05/10/22	v.1.8	SATCAP	Amendment to requirement in situations where a 6-month FTE inpatient rotation is not possible, a minimum of 0.5 FTE (6 months) is required for posts that do not have an inpatient service. A trainee can apply to their Director of Advanced Training (DOAT) for consideration. Applications may be escalated to the SATCAP for further review if needed. Additionally, submission of case record is not mandatory. Addition of completion of minimum 40 psychotherapy sessions towards the psychotherapy written case (to be implemented August 2023).
11/04/23	V1.9	SATCAP	Amendment to the Learning and Development Plan (LDP), where Trainee may use the Case record developed by SATCAP for the purpose or their own case recording systems. Trainees must submit a LDP 12 months of training. Part-time trainees may want to develop or review LDP each calendar year in consultation with their supervisor and DOATCAP. The LDP for Year One must be submitted no later than six weeks from the date of commencement of training. The LDP for Year Two must be submitted prior to the date of commencement of the second year of training.
October 2023			<b>NEXT REVIEW</b>