



The Section of Perinatal and Infant Psychiatry 2024 Conference

PERINATAL & INFANT PSYCHIATRY: NEW FRONTIERS & CLINICAL CHALLENGES

14 - 15 June 2024 • RACV Healesville Country Club and Resort



Friday 14 June 2024

11:30 – 12:30 **Arrival, lunch and registration**

12:30 – 12:45 **Welcome to Country**

12:45 – 13:00 **Conference opening**
Professor Megan Galbally

Session 1

13:00 – 14:15 The future of perinatal psychiatry – Advanced Certificate and Faculty plans
Advanced Certificate Working Group Members

Session 2

14:15 – 15:30 **Chair: Dr Liz Coventry**
Updates on perinatal psychiatry: translating new findings into clinical practice
Professor Megan Galbally

15:30 – 16:00 **Afternoon tea**

Session 3: Keynote speaker

16:00 – 17:00 **Chair: Professor Megan Galbally**
Shaking up the early childhood clinical pathway for neurodivergent children
Professor Andrew Whitehouse

Session 3: Invited speaker

17:00 – 17:45 **Chair: Professor Megan Galbally**
The role of psychiatric genetics and genetic counselling in perinatal psychiatry
Dr Joanne Isbister

17:45 – 18:30 **Free time**

18:30 – 20:30 **Welcome function**

Saturday 15 June 2024

07:45 – 16:45 **Registration open**

Session 4: Keynote speaker

08:45 – 10:00 **Chair: Professor Megan Galbally**
Severe mental illness during pregnancy and postpartum period
Professor Veerle Bergink (virtual)

Session 5: Invited speaker

10:00 – 10:45 **Chair: Professor Megan Galbally**
Navigating the child protection system in the perinatal period
Dr Liz Coventry

10:45 – 11:00 **Morning tea**

| | Session 6a | Session 6b |
|---------------|--|--|
| 11:00 – 11:25 | The impact of perinatal maternal depression on children at age 4: findings from the Mercy pregnancy and emotional wellbeing study Dr Josephine Power and Isobel Nicholls | Perinatal mental health of women in Australia who have migrated from the Indian subcontinent. Dr Katherine Sevar, A/Prof Manjula O'Connor and Dr Harish Kalra |
| 11:25 – 11:50 | Associations between assisted reproductive technologies (ART) and depressive, anxiety and stress symptoms in pregnancy and the first postpartum year Dr Karen Wynter | “I was never asked about my eating disorder”: Evaluation of a lived experience co-designed online education module to improve knowledge and management of eating disorders in the peripartum: Preliminary results Dr Susan Roberts |
| 11:50 – 12:15 | Emotion dysregulation among women admitted to a specialist mother-baby unit. Associate Professor Nicole Reilly | Utility of the Mindfulness Based Childbirth and Parenting (MBCP) group programme – a 9-week mindfulness-based intervention for women in pregnancy, childbirth and the post-natal period Dr Lia Laios and Amy Fleming |
| 12:15 – 12:40 | The trajectory of women’s perceived partner support during the perinatal period for women with and without depression Dr Irene Bobevski | Sense of coherence in the perinatal period: Predicting when a change in circumstances comes with a change in outlook Dr Kelsey Perrykkad |
| 12:40 – 13:05 | Fathers in the Mercy Pregnancy and Emotional Wellbeing Study: Study protocol Dr Izaak Lim | The management of perinatal borderline personality disorder Dr Rebecca Hill and Associate Professor Anne Sved Williams |
| 13:05 – 13:50 | Lunch | |

| Rapid Fire | Session 7a | Session 7b |
|---------------|--|--|
| 13:50 – 14:00 | Borderline personality disorder and parenting capacity Dr Chloe Stella | Perinatal service delivery: Which model of care is best? Learnings from a busy metropolitan public perinatal mental health treatment service five years on Dr Christina Richardson |
| 14:00 – 14:10 | Lessons learned from the case study of a mother experiencing postpartum depression, polysubstance use and homelessness – complexities of management in a women’s only mental health residential setting Dr Karishma Kulkarni | “First do no harm” Consideration of the role and nature of infant mental health intervention with families experiencing acrimonious custody disputes Dr Ewa Bodnar |
| 14:10 – 14:20 | Dissociative identity disorder and parenting: Literature review & discussion Dr Michelle Fryer | Mother and/or baby: Ethical case conundrums on perinatal inpatient units Dr Izaak Lim, Dr Boipelo Egan and Dr Ruvanya Illesinghe |
| 14:20 – 14:30 | Through a mother’s eyes: Case presentation of a 40-year-old visually | Catherine’s House for Mothers and Babies: Service model and early evaluations of an |

impaired lady, pregnant with her first baby and experiencing antenatal anxiety and depression.
Dr Laura-Jayne Hughes

integrated public perinatal mental health service.
Dr Hayley Kimball

14:30 – 14:40

'The Babies Are Hurting!' – Using EMDR therapy to address the impact of NICU admission, trauma and attachment on a 6-year-old diagnosed with autism spectrum disorder
Dr Dennisa Davidson

14:40 – 14:50

Questions

Questions

14:50 – 15:05

Afternoon tea

Session 8: Invited speaker

15:05 – 15:35

Lived experience reflections
Genevieve Whitlam, Community Member SPIP National Committee

Session 9: Invited speaker

15:35 – 16:20

Chair: Dr Susan Roberts
Closing address: Reflections on a career in perinatal psychiatry
Dr Lyndall White

16:20 – 16:45

Concluding remarks and conference closing
Dr Susan Roberts

* program subject to change